

DAGPLEJEN
NÆSTVED
KOMMUNE



We take care of your child

**NÆSTVED
DAGPLEJE:**

*Interaction and
presence*



**NÆSTVED
DAGPLEJE:**

*Motor-expression
in the nature*

Daycare holds the future shortage items

A small group with one fixed adult and few children provide optimum conditions for a childhood with presence, safety, calmness and time to develop in close relationships.

Research shows that the small immediate environment creates the best conditions for a child's development and well-being. Therefore the daycare is a perfect child care solution and has a special DNA.

Ole Henrik Hansen from Aarhus University, who in 2013 was behind the largest Danish study of daycare, says "Daycare provides conditions in terms of presence and well-being that are hard to measure, but the daycarers are generally good at creating calmness, safety and dialogue with the children."

One of the grand old men within children research, Per Schultz Jørgensen, former chairman of Børnerådet (the Council for children) and professor at Aarhus University, also says, "Daycare can provide a very

important contribution to children's development when they are seen and can strengthen their social skills. This means getting to know the social rules, learn to empathize with different situations and gain self-esteem, a quite entrenched belief in themselves."

It is the base of the daycare that makes the difference. It is a small and stable environment where it is the same adult who accepts by delivery and pickup. There is room for showing genuine emotion and mix the personal and professional skills.

The professional daycarers use themselves to establish strong ties with the children. Besides they also have knowledge of child development and are thus aware of the objectives to work with in relation to child development.

It is a myth of the past that daycarers are housewives who also look after the neighbour's children. Today's daycare is professional and proficiency is in control.



Mulddvarpen, der ville vide,
hvein der havde lavet lort
på dens hoved



Today's Daycare is a professional offer. All daycarers receive continuing education, professional sparring and supervision by pedagogically trained daycare consultants.

Daycare can thus be measured in both the professional and regulatory requirements on an equal footing with the other daycare institutions and are therefore comparable to these common issues.

This means that the daycarers must follow a common set of requirements and guidelines for solving the daycare core task.

Modern child psychology shows that the way children are met by their surroundings is crucial to how they can understand themselves and become complete human beings.

Smile, comfort, touch, and responsiveness to children's own initiatives give them faith that they have meaning and can face the world with high expectations.



Per Schultz Jørgensen says, "Quality is a social and cultural good environment where there is coherence, community and clear norms and values. Carried by an adult who is visible as a human being."

DID YOU KNOW?

Daycarers are from far unskilled people.

In Næstved Kommune most daycarers have been an apprentice craftsman, in store or office. They may have taken a social and health education, pedagogical training, is an ergo therapist or they have pedagogical experience in childcare institution, kindergarten, worked with disabled or foster children.

Additionally, daycarers regularly come on relevant courses for example, children's language development, cooperation with parents, etc.

Daycarers work with educational learning plans, which became mandatory in 2004. They are dedicated to the activities and methods so that children learn to express themselves linguistically, using their bodies, knowing the nature, culture and tradition, socialize and develop as whole democratic human beings.

Næstved Kommune employs up to 200 daycarers working at their own homes. They work according to common

requirements for example, diet and the pedagogical meal, aesthetic environment for children, PLUS/ playgroup, professional sparring and supervision, guest care and the first meeting with new parents.

PLUS means:

- Pedagogy, Learning, Development (Udvikling) and Interaction (Samspil) which is the pedagogical framework and content planned for the cross-visits, hall visits and playgroup.

Children in daycare are less exposed to bacteria and viruses because they are in a small group. Daycare is also especially good for premature children or sensitive for other reasons. The small environment of the daycare shields them for too many sensory input and noise.

After having been assessed in the rightful visitation committee children with special needs can be enrolled so that they are in a resource daycare with only 3 children.

A daycare can open and close just as it suits the parents best.

However, the daycarers working time rules require some considerations that must be observed. The weekly working time must not exceed 48 hours and the daily working time to be between the hours 6:00 to 18:00.

Therefore, the parents of the group of children must agree on the change of opening hours so that all are satisfied.

Standardization in Næstved Dagpleje is an average of 4 children per adult. A daycare may temporarily have up to 5 children and this is only in exceptional circumstances and only for a short period.

Næstved Kommune follows new research of child development. For example, we have learned from a survey which shows that the quality of the daycare offer increases, when

employees get more training and supervision.

In Næstved Dagpleje, the daycare consultants are part of the cooperation around the daily work and PLUS offer with professional sparring and supervision.

In addition, the daycarers get ongoing courses and training so that they are up to date with the latest knowledge.

It can be hard to decide whether your child should be cared for, in a childcare institution or an in-home daycare. Therefore we give you the opportunity to visit an in-home daycare in your local area before decision is made. All it takes is to make an appointment with the daycare consultant in your local community. When you are offered a daycare you have the opportunity to visit the daycare before you decide. In addition, you get offered a home visit of the daycare consultant who oversees the area.

A child may be moved to a new daycare if we fail to build a good relationship and attachment. This requires a thorough dialogue between the daycarer, the parents and the daycare consultant.

A SPECIAL EVERYDAY PEDAGOGY

A real family and daily chores create a secure environment with room for spontaneity in what almost becomes your child's second home.

Watering flowers, hang laundry up or setting the table is not something to get over as in daycare, on the contrary. Since the 1960s, daily life has been made part of a pedagogy that borrows inspiration from life as it was once lived in the family. Daycare takes place in home environment with a permanent adult, each day along with a small group of children who may remind you of siblings.

Per Schulz Jørgensen, former professor at Aarhus University, says, "Daycare has its strength in the clear and predictable environment. The home is the secure and everyday world that is not as structured, but more immediate and genuine in its care".

A day in daycare is not just about peace to be. Everyday chores are also used to teach and bring coherence

to the environment in which children are copying. When you peel carrots yourself, you know where lunch comes from. When the daycarers put dishes in the dishwasher, the children will help. When the new baby is nestled in the afternoon, the older kids say "hush" and put blanket on the soft toys in the doll pram.

Routines play a major role in daycare. Shared meals are eaten at the dining table, often with fixed seats, own cup and saucer. One particular song puts perhaps the day off, or a small suitcase symbolizes that one can play with toy animals.

Even though the days look alike, there is room for flexibility in daycare, because there are few children. If it is snowing, you can spontaneously take the sledge out without coordinating with others. If the children see a ladybug, you can stop and take a closer look. And if someone starts to sing "The wheels on the bus", other singing games may follow suit.

Because in daycare, children and adults are so close together that the adults easily spot a budding interest.

The daycarer knows which jigsaw was fun this morning and that the boy would like to have read aloud when he wakes up in the afternoon. At this time the daycare's own family may also come home, so the child can get a hug from the father in the house or play ball with his son.

Children researcher Per Schultz Jørgensen says, "When Daycare is best it can develop a special way of life that combines a home environment with a professional care".

ALWAYS REMEMBER TO BRING IN DAYCARE

- Baby pram, quilt/blanket, pacifier, cuddly toy
- Diapers (nappies) and baby wipes
- Slippers, rainwear, rubber boots, change clothes
- Wooly hat, mittens, snowsuit, sun hat, sunscreen
- Food, if your child gets special diet



A STABLE, TEMPORARY SYSTEM

Parents may find it difficult to hand over their child at a new address, but for children it is often a secure variation to come in guest care.

Usually, there are candles in the windows in the morning – and oatmeal porridge on the table.

But not today, for the daycarer has the flu, so Marie, Magnus and Karla must in another daycare. Here, they might get buns or muesli porridge, meet a cat and see a home that is decorated completely different from the children's familiar surroundings.

It can be a good experience for the children to be in guest care. Often they know the adult from PLUS or joint events in the group, and they are comfortable with the set-up of one permanent adult and few other children. In guest care they may also meet children of the same age or with the same interests as themselves and find that they thrive even if the surroundings are changing.

This kind of experience makes children stronger. Just like spending a weekend alone with grandma.

In Næstved Dagpleje, we distinguish between acute and planned guest care. When acute, the carer falls ill from one day to the next, and you will receive a phone call in the morning. Whereas planned guest care you know in good time for this is when the carer has time off or is on a course.

In both cases, we strive that your child gets places that are known for your child. Preferably in consultation



with you as parents. Sometimes, however, this is practically not possible, because there is no free space in the known daycare, and you will instead be offered a position with another daycarer. In Næstved Dagpleje we have, in few areas, a guest house where two or more guest daycarers are employed. In the guest care we work hard to welcome with open arms and provide reassurance despite the break from everyday rhythm.

SUMMER HOLIDAYS

Næstved Byråd (City Council) decided that from 2015 the daycare, the kindergartens and the afterschools (SFO) would be closed during the summer holidays.

The closing weeks are announced at the NemBørn (Children's Intra) and the website. If you need care during the closing periods, registration for the closing days and/or weeks is done by calling the daycare office at tel. 5588 7070.

Further information is available at the NemBørn (Children's Intra) and guests referral will be sent to your electronic mailbox.

HOLIDAY AND DAY OFF

Daycarers are on holiday 6 weeks a year and have 9 compensatory days off a year due to a long working week of 48 hours and 4 evening meetings.

In Næstved Kommune the daycare, the childcare institutions and the kindergartens are also closed on the day after Christ's Ascension (Kr. Himmelfart), Constitution Day (June 5th) (Grundlovsdag) and the day of Christmas Eve (December 24th).

At other times there is only partially care few places. This applies to the weekdays between Christmas and New Year, New Year's Eve, the three days before Easter and 3 weeks in the summer holidays.

In the above periods it is not certain that you are offered guest care within your own group, but instead in the district. However, in advance, it will be possible to visit the guest care in question.

PLUS OFFER IS AN ADDED PLUS

Daycarers and children meet several times a month. Children practicing in being together in a larger group and play with children of their own age. The daycarers have the opportunity to develop pedagogy and plan development activities. For example:

6:30 THE FIRST CHILD

Candles in the morning darkness welcome Mikkeline. She just woke up and still has brands of the pillow on her cheek. Mother must work early. The girl waves goodbye, climbs onto the daycarers lap and snuggles. Quietly they sit until a daycarer says good morning and shortly after accepting Holger and Oliver. There is hot oatmeal porridge for breakfast for all hungry.

FIVE REASONS TO GO IN PLUS

- 1** Many playmates make it easier to find friends of the same age or the same interest as you.
- 2** It is possible to divide the children into groups and do activities to fit their individual needs.
- 3** Larger groups are preparing the children for life in a kindergarten.
- 4** Safe contact with several adults prepares the ground for good guest care.
- 5** The daycarers learn from each other, discuss pedagogy and develop professionally.



7:30 PLAYING IN SMALL GROUPS

Selma and Emilie somersaulted on the mattress, laughing and copy each other's movements. They are not in the same daycare, but in the playroom they enjoy to meet as peers with common interests. Around the room others are concerned with their own. Some play together or next to one another. Like Emil by the doll's kitchen emptying food from the small sample basket to use it as a hat, while Anna pours invisible coffee in a cup.

9:05 FOOD PROVIDES ENERGY

Now, the 12 children of the 3 daycarers have come and sit at the table. Each daycarer unpacks hers/his food, puts vegetables, dates and apricots on plates, comes butter on bread, and peels apples and bananas. Oliver and Holger eat loudly and taste the food that provides energy for the morning's planned common activity. "Outward" says Linnea. She knows that in a moment they are going out. Most of them go into the wardrobe. A single daycarer stays and listens to Amalie's story about a wound on her knee, and the words are only to understand, because they know each other so well.

9:32 BALANCE, BARK AND VIOLETS

Daycarers, baby carriages and children go in single file toward the green area with a balance track of logs. They pass the kindergarten playground next to the playgroup facilities. "Hey" shouts a big boy for his former daycarer and gets a hug, while he proudly says that he no longer nap. Down by the green area, Lasse, Selma and the other children run towards the first log. The adults engage confidently about some of the children's small hands, for daycarers are training wheels for anyone who wants to go and climb in the balance track. Emilie feels the rough bark and Holger sees a yellow flower on earth. A daycarer squats and together they smell the buttercup, while speaking of the coming of spring.

THERE'S A PLAN

The adult-led activities are thought carefully, as they challenge the children in exactly what they need to learn. Singing games develop language and vocabulary. Motor-function track trains balance, muscle and body awareness. Fastelavn (Mardi Gras) teaches children about the Danish traditions.

All daycare groups draw up a plan of activities for play practice's content on NemBørn (Children Intra) and the daycare website www.dagplejen-naestved.dk

10:20 A CROWD ON THE PLAYGROUND

Back in PLUS/playgroup facilities there is time for the children to be distributed by sandpit, slide and race on small plastic scooters.

It is no longer clear who the children at the individual daycare are. The group is fused together.

11:05 DIVERSITY FOR LUNCH

A fragrance of mackerel, herring, cucumber and salami is spreading. Some children get a baby bib, others eat without. Some drink milk, others drink water. The daycarers each have their routines and there is room to be different, so even if some children early chew of mouth and go from the table, others stay seated and find more rye bread sandwiches. One by one all children come over the changing table and potty on their way to the baby prams. In the mean time the other children stay in the playroom, playing with a daycarer.

12:32 COOPERATION IN WORD AND DEED

The coffee machine sputters, while the daycarers coordinate their work. Tomorrow, Mikkeline be in guest care of a daycarer, she must also be with the next vacation. Who buys feathers to make Easter decorations next time?

The daycare consultant is knocking on the door. Today's topic is "child's social skills". Each daycarer has brought his/ hers learning plan, and there is a good professional discussion around the table.



How do I help Selma to accept that the other children draw closer? How do we help Mikkeline and Valdemar to play together in a better way, so that no conflicts arise? We must also focus on Amalie who often plays all alone. The daycare consultant gathers all the good suggestions on how children's social skills can be the focus for the next times in PLUS. Laughter and homemade buns ends the meeting.

14:19 CALMNESS WITH PUZZLES AND CRAYONS

Half of the children are awake. Selma and Valdemar uses a doll pram in the car carpet as mountain and tunnel, they can drive toy cars through. A daycarer prepares for fruit and muffins because the new girl's mother picks up early. Mother is told little stories from Maja's first day in the playgroup, and the carer asks about the family house building. Other children are calm about the puzzles, crayons and picture books until the sight of mom or dad triggers both joy, crying and grimacing. The guest carer talks with Mikkeline's mother about tomorrow.

OUT GOOD HOME IS BEST

The daycare is based in a real home, but they also participate in PLUS/playgroup, go on tour, in the forest or in the hall. But the balance must not tilt. Presence, the small group and children's safety is the most important. Therefore, Næstved Dagpleje has the principle that daycarers with new children do not participate in PLUS/ playgroup until two weeks later at the earliest. Thus the children can achieve to attach themselves to their daycarer before they go out and experience the world.

16:15 THANKS FOR TODAY

None of the three clocks in the playgroup's facilities are accurate. But never mind, for the day has its own rhythm without the big and the little hand on the clock, and now the day strikes. Oliver's mom is the last, which retrieves so there is extra time to talk about the boy's sleep. Tomorrow, the daycarers open at three separate addresses.

MORE EYES ON PROFESSIONALISM

Although daycarers work alone, they are part of an organization with common requirements for quality. Several times a year they get training, sparring and supervision of daycare consultants.

The doll's kitchen is dragged out in the middle of the floor. Two big boys are making invisible coffee for the adults and say diligently "Go ahead", while the new girl watches quietly. It is not clear whether her silence is because she does not understand what is going on or just surprised that there is a guest.

The daycare consultant is on supervision. Precisely because daycarers work alone, it is important with more eyes on professionalism. The daycare consultant is both a supportive partner and to check whether everything is okay. Right now, she observes how the new girl has settled in and listening to the carer, who feels there is need of extra support because the parents both speak French, English and Danish at home. "Yes, Holger pours coffee into

the cup" said the carer to the girl and the daycare consultant commenting how good it is to put words to the situation.

Soon after, she suggests books and games that can push to the girl's language development.

The daycarer tells how each child thrives in the moment and they talk about how she adapts daily rhythm for the children's group, which has now changed. Conversation between daycarers and daycare consultants in Næstved Kommune is always based on a solid regulatory scheme that ensures that people are talking about well-being and development of children and the carer. Clear agreements will be written for the record, so you can follow up on it next time.

Næstved Dagpleje promises a minimum of 6 annual pedagogical supervisions as well as a quality assurance inspection per year of each daycarer. In addition there is constant supervision of PLUS offers.

We have close cooperation with local speech therapists, child psychologists, nurses and ergo therapists, etc.

In daycare, we need to work with you to ensure that your child thrives and develops age-appropriate. Næstved Dagpleje are in general working with a systematic and consistent approach to common requirements across the organization, so it is clear what standard and approach must be a minimum. This guarantees consistent quality, regardless of which address the carer lives on.

ASK WHEN YOU WONDER

The daily communication about your child's daily life and well-being is made verbally with the daycarer. But parents are always welcome to contact the daycare consultant, get guidance, ask questions and clarify doubts.

Many misunderstandings can be cleared up when speaking with each other and are in a good dialogue. The daycare consultants can also take the initiative for a meeting or dialogue with you parents.



HEALTHY FOOD IS A MATTER OF COURSE

Small children use energy to grow, learn and move. It requires many smaller meals that are healthy and varied. If children do not eat breakfast at home, the carer quiets the day's first hunger with porridge and bread. Morning and afternoon the children typically get bread, fruit and vegetables, and lunch usually consists of rye bread with cold cuts and vegetables. In daycare you drink water or milk. No children are pressured to eat up. Thus they learn to recognize when they are hungry and well fed. All meals take place in a calm, pleasant atmosphere, where the carer sits with the children and has the time to listen and talk.

If your child must have a special diet, you will arrange it with the carer and bring possibly even food. Næstved Dagpleje follows health recommendations for varied and age-appropriate diet. See Næstved Dagpleje food policy at the website **www.dagplejen-naestved.dk**

SAY YES TO TRANSPORT

A trip to a farm or a walk in the forest for pine cones. There are good and

educational reasons that a daycarer sometimes need longer transport than small walking legs can handle. They drive by car, bus, train or bicycle. You must always give permission or arrange your own transportation. Daycarers always drive with children in approved child seats. In cycling, children and adults have helmet on and it is always securely after recommendations from Rådet for Sikker Trafik (the Road Safety Council).

SMOKE-FREE ROOMS

There are, of course, no tobacco allowed in the daycare, when there are children present. Also, smoking is not allowed in the playgroup facilities.

PERMISSION FOR PHOTO AND FILM

We take often photos of your child. Children like to see themselves on photos, which is also a good opportunity to talk about experiences. We use images to describe everyday life and they are stored in "Barnets bog" (the Childs Book) at NemBørn, the website and other digital media. As parents, you must fill out the form below proxies at NemBørn. Sometimes we film children in relation to Marte Meo program.

NEMBØRN

Næstved Kommune NemBørn is available at this link

<http://naestved.inst.dk>

It is an integrated communications platform together with our website

<http://dagplejen-naestved.dk>

In future, it is important that you keep you informed on this IT portal.

Your username will be handed out by your daycare consultant or you can log in via NemID.

You receive notifications of events and holiday closures and can follow the life in the daycare and the group that your child is a part of. Likewise, it is important that you complete the form below proxies relating to transport, photography, etc. It is not intended that the NemBørn replaces the daily communication between parents and daycarers. The daily contact will still be the most important element in the cooperation between parents and staff in daycare. If there are system problems, do not hesitate to contact your daycare consultant or the daycare office at tel. **5588 7070**.

E-BOKS/BORGER.DK

Næstved Kommune is digitized, so all communications concerning enrollment for kindergarten, alternative care due to public holidays and closing weeks of the summer holidays, etc. are sent via e-BOKS/borger.dk where you will be able to see relevant messages.

CALL AND SMS IF NECESSARY

Daycarers have their phone within reach morning and afternoon. You parents may then give notice of sick children or delays and get answers to whether all is well, even if the child cried when it was delivered. But in the other hours of the day, it is not certain that the carer answers the phone.

The ambition to be present requires that the eyes and attention are directed at the children. Talk to your daycarer to find a mutual solution that suits all parties.

INSURANCE IS YOUR RESPONSIBILITY

In Næstved Kommune we have not taken out Accident Insurance on children in daycare facilities and schools. In other words it is your own responsibility.



MULTI-FAMILY GROUP IN DAYCARE

Are you as parents in a situation that becomes strained, ie where the daily challenges of everyday life, for example the child's sleeping, eating, parenting, conflict, etc. create difficulties, possibly even conflict, you can participate in our multi-family group.

Our experience is that uncertainty may occur between parents about the raising of children.

This wears on the relationship and is an unsatisfactory situation for all parties

– parents and children. We meet a few hours once a week, where we give each other coaching and feedback on the challenges of everyday life. It is a common and not impossible situation to solve everyday challenges. We are affected and influence each other in the family.

If you would like further information, please contact your daycarer or daycare consultants.

SICK CHILDREN STAY AT HOME

A heavy cold, inflammation of the eyes or ears, diarrhea and fever are some of the diseases that have no place in daycare. A sick child can infect others and it is a shame for them to be away from home. Daycarers can send sick children home during the day and have the right to say no to a child who is clearly unwell or unable to follow the daily activities. Daycare follows Health Protection Agency guidelines for daycare centers, schools and parents "Smitsomme sygdomme hos børn" ("Infectious diseases in children").

Daycarers must not give medicine to children – only if it is vital and there are instructions from the child's doctor. Always notify as soon as possible when your child is sick or home. So, the available space may be used for guest care.

BUILDING BRIDGES WITH KINDERGARTENS

The transition from daycare to kindergarten can be a big event in many children's and parents' lives. Therefore, it is important for the child that this transition will have a good

start. The vast majority of children experience the transition as positive.

In the coherent Børne- og Unge Politik (Child and Youth Policy) of Næstved Kommune it is described, "it is important to create good opportunities for unity and coherence in the educational offerings and transition between care sites".

Thus, it is important to create the best possible conditions for the children's transition from daycare to kindergarten. This can be done by the establishment of close cooperation between the daycarer and the kindergarten. Such cooperation is already working very successfully. This is about making children safe and builds on the skills that the child has acquired in daycare.

The material around Bridging – a common task – is politically approved and the material will be beneficial for children who are on their way to conquer new "worlds".

Daycarers can not deliver the material to kindergarten without you parents signed a consent form.

**NÆSTVED
DAGPLEJE:**
*Playing and
learning
together*



**NÆSTVED
DAGPLEJE:**
Traditions



Follow Næstved Dagpleje at Facebook

[www.facebook.com/Dagplejen Næstved kommune](http://www.facebook.com/Dagplejen%20Næstved%20kommune)

Find out more

<http://www.dagplejen-naestved.dk>